# 2021 COVID-19 KEY POINTS – CENTRALIA LITTLE LEAGUE ACTIVITY GUIDELINES:

We are looking forward to playing baseball at Centralia Little League in 2021. We were able to play successfully last year within the state and local COVID-19 guidelines used for the 2020 season, and by following these guidelines, we had zero cases of COVID-19 directly related to our league. These rules are not initiated by our league, but are required under phase-3 of the State of Washington "Stay Safe-Stay Health" proclamation 20-25.8 found online:

https://www.governor.wa.gov/sites/default/files/COVID19%20Sporting%20Activities%20Guidance.pdf

## 2021 COVID-19 Key Points - Centralia Little League Activity Guidelines:

The 2021 Centralia Little League season plans to proceed, but due to the current COVID-19 pandemic we **WILL BE** implementing changes to how we normally interact during the season.

This guidance will be followed by CLL throughout the 2021 season. We will continually review and adapt this guidance as need be to best safeguard players, coaches, volunteers and spectators as state and local guidelines evolve.

The best way to prevent illness is to avoid being exposed to this virus. The following activities can help prevent the spread:

- Maintain good social distance (at least 6 feet). This is very important in preventing the spread of COVID-19.
- Wash your hands often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Routinely clean and disinfect frequently touched surfaces.
- Cover your mouth and nose with a cloth face covering when around others.
- People who are sick or have a fever should stay at home. Players should notify team manager
  if ill.
- If you have a known exposer to someone with COVID-19, stay at home for 10 days or provide proof of a negative COVID-19 test to the league Safety Officer, Player Agent, or President.

### **Phase 3 Guidelines:**

There is a limit of 150 persons per field within our complex in compliance with state guidelines.

Potentially Limited concession stands until guidelines change and permits issued. Please supply your own drinks and water to ensure your players are hydrated. We are working diligently to meet and exceed Department of Health standards to reopen concessions.

Please no sunflower seeds, gum, spitting, tobacco products, smoking or vaping, alcohol, drugs, or weapons within the complex and parking lot.

No pets inside the complex. Follow park rules for pets on leashes outside fenced playing areas and always on a leash.

Porta potties will be provided in main playing areas.

Bleachers will not be used by spectators, during practices and games. Bring your own seating. Bleachers will be used by teams to spread players out instead of using dugouts and some limited seating available for handicap and those in need of seating, subject to the state guidelines of rules that pertain to our stationary seating. Please bring your own chairs and spread out along the fences.

Only players, managers, and coaches on field/dugout/bleachers. One scorekeeper and one pitch counter will be allowed per team in minor kid pitch leagues and above in the bleacher areas.

### **FACE COVERINGS, PPE AND SOCIAL DISTANCING:**

# **Players:**

- Current state guidelines stipulate players are to wear masks at practices.
- Players may remove face covering while actively participating in the filed for games; but most use coverings in dugouts, unless eating or drinking.
- Use of dugouts is limited to players in the top of batting order or not in field, extra players will use grandstand bleachers as an option to social distance. Masks required in dugouts

# Managers, coaches & team volunteers:

- All adults are required to wear face coverings at all times unless eating or drinking.
- Use disposable gloves when cleaning equipment or dugout.
- Maintain social distance when interacting with other players, coaches, umpires, and parents.
- One coach/team volunteer will be with any players outside the dugout as needed.

### **Spectators:**

- Must use face coverings unless eating or drinking.
- Spectators must sit outside fences on baselines past the field gates and in the outfields.
- Maximum of 4-5 spectators per player during games. Maximum per field is 150 including players.
- Maximum of 4-6 spectators per player during practices. Maximum per field is 150 including players.
- Distance between groups of non-household members is MIMIMUM 6 ft.
- Spectators who remain in their vehicles parked along fields do NOT count in the per field maximum capacity rules.
- Do not visit your players on the bleachers. It is still the dugout and visitors are NOT allowed. This is not only a COVID-19 rule, but it is a mandatory Little League International rule all the time. If your child is hurt or ill, the coach will advise you and may summon you to the area.

## Equipment – No sharing of bats, helmets, gloves, catcher's gear.

- For team issued gear such as shared bats, coaches must wipe down between use.
- Line bats and helmets and personal bags outside the dugouts to promote spreading out.
- League will loan out batting helmets and other equipment that are unable to supply their own.

#### **Games and Practices**

- Games & Practices will be scheduled to provide time for teams to clear fields before the next team arrives.
- Players and spectators should plan to arrive no sooner than 30 minutes before the game/practice time.
- Managers, coaches and team volunteers will be responsible for preparing and repairing fields, and emptying garbage cans in dugouts between practices and games. Players may Not help with these activities.
- Plate meetings will be social distanced and involve only managers and umpire if an umpired game.
- Baseballs will be rotated during games and practices.
- Foul Balls must be retried by players or coaches, and not by spectators.
- Umpires may work behind pitcher or behind the plate, their choice.
- No handshakes, high fives, fist bumps, celebrations, team meetings on field.

# Safety:

- Sanitation supplies will be provided to team managers and will be available in dugouts.
- Any injury or illness of player, coach, or adult volunteer should be reported to team manager who will report to league safety officer and/or league president.
- If a spectator, player, or volunteer is exposed to or contracts COVID-19, a negative test and/or 10-day quarantine following last symptoms is required prior to return to play.
- A doctor's note is required to return to play for absences longer than 1 week (illness related) or following suspected or confirmed concussions.